

Retail therapy

Stop right here for ethical shopping you'll never need to justify – not even to yourself



FLAYER CAKES

Dessert lovers will appreciate these cute color-free Cakes Fridge Magnets, £5 for three. They're made from compressed wood dust in a fair-trade workshop in Sri Lanka. Available from Teacraft. Call 0845-355 8255 or visit www.teacraft.org



IN THE PINK

Draw some magic with these pretty pink Fairy Wishes pencils. £5p each, from Fun Fairies. Made from recycled CD cases, they'll make you smile whether you're in working-fairy or schoolgirl-sprite mode. Call 08001-852304 or visit www.fun-fairies.com



SILK WARM

Add a touch of luxury to your boudoir with this reversible silk quilt, £50, from Biome Lifestyle. Handmade by a cooperative family business in Bamal, Vietnam, it's available in purple and silver, green and silver, gold and cream, pale pink and oyster, or pale purple and oyster (as shown above). Call 020-7254 7813 or visit www.biomelifestyle.co.uk

IMAGINARY JOURNEYS

Remind yourself of holidays past or future by wearing a necklace from the Aspic Collection. Named after evocative places like Morocco, Cape Town and Greece, they feature crystals, talismans and trinkets to magic you there in your mind. This Moroccan Nights necklace, £68, includes healing amethyst and confidence-boosting turquoise. Call 07776-622728 or visit www.aspiccollection.com



FULL OF BEANS

Reusing is better than recycling, so ask your local coffee shop to pour your daily coffee into this 1.8oz Nest A Paper Cup, £12.96, from Nigel's Eco Store. It's a reusable, double-walled, ceramic mug with a reusable silicone lid. Call 0800-288 8970 or visit www.nigelsecstore.com

