

Retail therapy

Say goodbye to shopper's guilt with these soul-soothing, eco-friendly and fair-trade treats



APPLIANCE OF SCIENCE

Bored with using the same old Jess sticks? Try blessing your own with this Wild Science Heavenly Incense Science kit, £11.99, from Interplay. It contains everything you need to make your own fragrant incense sticks and cones using aromatherapy oils and wood powders. Call 01628-689944 for stockists.



MILKY WAY

Help the world and indulge your sweet tooth with this Chocolate Globe, £10.99. Made from fair-trade cocoa, a percentage of the cost is donated to Save The Children, which fights for children in the UK and around the world who suffer from poverty, disease, violence and injustice. And if you give the globe as a gift, the lucky recipient has the chance to choose a project to benefit from the money you've donated. Available from Choc Aid on 01604-403020 or by visiting www.chocaid.com

SNAKE CHARMER

Keep out the winter chill with this psychedelic Snake Drought Excluder, £19.99. Around 15 per cent of heat loss in a typical house is through ventilation and draughts so this'll help save energy. Plus, it's made from vintage fabric and filled with biodegradable buckwheat to make it even more eco-friendly. Available from ECOoutlet on 028-7272 7233 or visit www.ecooutlet.co.uk



HUBBLE BUBBLE

Add some home-pecs to your kitchen or fireplace with a traditional cast-iron cauldron. Great for scrying (the ancient art of 'seeing'), they're also useful for magical rites, cooking, hobbling apples or simply for display. Available in various sizes from White Witch, prices start at £12. Call 01982-712754 or visit www.witchesofwhithamabbey.co.uk

FURRY FRIENDS

Keep your toes warm on wintery mornings with these fluffly shorn Alpaca Fur Slippers, £35. They're handmade in Peru by a cooperative that provides a fair wage and good working conditions in an area where unemployment levels can be as high as 60 per cent. From Blisse Lifestyle on 020-7234 7813 or visit www.blissestyle.co.uk